



<b>Abbreviated name</b>	Overweight and obesity in adults ( <i>Also: adolescents</i> )
<b>Indicator name</b>	Age-standardized prevalence of overweight and obesity in persons aged 18+ years
<b>Domain</b>	Risk factors
<b>Subdomain</b>	NCDs and nutrition
<b>Associated terms</b>	Noncommunicable diseases
<b>Definition</b>	Percentage of adults (18+ years) who are overweight (defined as having a BMI $\geq 25$ kg/m <sup>2</sup> ) and obese (defined as having a BMI $\geq 30$ kg/m <sup>2</sup> ).
<b>Numerator</b>	Number of respondents aged 18+ years who are overweight. Number of respondents aged 18+ years who are obese. BMI is calculated by dividing weight in kilograms by height in meters squared. Overweight is defined as having a BMI $\geq 25$ kg/m <sup>2</sup> and obesity is defined as having a BMI $\geq 30$ kg/m <sup>2</sup> .
<b>Denominator</b>	All respondents of the survey aged 18+ years.
<b>Disaggregation/ additional dimension</b>	Age, sex, other relevant sociodemographic stratifiers where available <i>Also: Overweight and obesity in adolescents.</i> Note: In adolescents the definitions of overweight and obesity vary by age and gender. The prevalence of overweight is defined as the percentage of adolescents with sex-specific BMI-for-age above +1 SD from the WHO 2007 growth reference median, and the prevalence of obesity as the percentage of adolescents with sex-specific BMI-for-age above +2 SD from the WHO 2007 growth reference median.
<b>Method of measurement</b>	
<b>Method of estimation</b>	$\frac{(\text{Number of survey respondents aged 18+ years who are overweight})}{(\text{number of survey respondents aged 18+ years})} \times 100.$ $\frac{(\text{Number of survey respondents aged 18+ years who are obese})}{(\text{number of survey respondents aged 18+ years})} \times 100.$
<b>Measurement frequency</b>	At least every five years
<b>Monitoring and evaluation framework</b>	Outcome
<b>Preferred data sources</b>	Population-based (preferably nationally representative) survey in which height and weight were measured
<b>Other possible data sources</b>	
<b>Further information and related links</b>	de Onis M, Onyango AW, Borghi E, Siyam A, Nishida C, Siekmann J. Development of a WHO growth reference for school-aged children and adolescents. <i>Bull World Health Organ.</i> 2007;85:660–7 ( <a href="http://www.who.int/growthref/growthref_who_bull/en/">http://www.who.int/growthref/growthref_who_bull/en/</a> , accessed 29 March 2015). Draft comprehensive global monitoring framework and targets for the prevention and control of noncommunicable diseases, including a set of indicators. Agenda item A66/8, Sixty-sixth World Health Assembly, 20–28 May 2013. Geneva: World Health Organization; 2013 ( <a href="http://apps.who.int/gb/ebwha/pdf_files/WHA66/A66_8-en.pdf?ua=1">http://apps.who.int/gb/ebwha/pdf_files/WHA66/A66_8-en.pdf?ua=1</a> , accessed 29 March 2015).