



Abbreviated name	Overweight and obesity in adults (<i>Also: adolescents</i>)
Indicator name	Age-standardized prevalence of overweight and obesity in persons aged 18+ years
Domain	Risk factors
Subdomain	NCDs and nutrition
Associated terms	Noncommunicable diseases
Definition	Percentage of adults (18+ years) who are overweight (defined as having a BMI ≥ 25 kg/m ²) and obese (defined as having a BMI ≥ 30 kg/m ²).
Numerator	Number of respondents aged 18+ years who are overweight. Number of respondents aged 18+ years who are obese. BMI is calculated by dividing weight in kilograms by height in meters squared. Overweight is defined as having a BMI ≥ 25 kg/m ² and obesity is defined as having a BMI ≥ 30 kg/m ² .
Denominator	All respondents of the survey aged 18+ years.
Disaggregation/ additional dimension	Age, sex, other relevant sociodemographic stratifiers where available <i>Also: Overweight and obesity in adolescents.</i> Note: In adolescents the definitions of overweight and obesity vary by age and gender. The prevalence of overweight is defined as the percentage of adolescents with sex-specific BMI-for-age above +1 SD from the WHO 2007 growth reference median, and the prevalence of obesity as the percentage of adolescents with sex-specific BMI-for-age above +2 SD from the WHO 2007 growth reference median.
Method of measurement	
Method of estimation	(Number of survey respondents aged 18+ years who are overweight)/(number of survey respondents aged 18+ years) x 100. (Number of survey respondents aged 18+ years who are obese)/(number of survey respondents aged 18+ years) x 100.
Measurement frequency	At least every five years
Monitoring and evaluation framework	Outcome
Preferred data sources	Population-based (preferably nationally representative) survey in which height and weight were measured
Other possible data sources	
Further information and related links	de Onis M, Onyango AW, Borghi E, Siyam A, Nishida C, Siekmann J. Development of a WHO growth reference for school-aged children and adolescents. <i>Bull World Health Organ.</i> 2007;85:660–7 (http://www.who.int/growthref/growthref_who_bull/en/ , accessed 29 March 2015). Draft comprehensive global monitoring framework and targets for the prevention and control of noncommunicable diseases, including a set of indicators. Agenda item A66/8, Sixty-sixth World Health Assembly, 20–28 May 2013. Geneva: World Health Organization; 2013 (http://apps.who.int/gb/ebwha/pdf_files/WHA66/A66_8-en.pdf?ua=1 , accessed 29 March 2015).